

# HAND & ARM PROTECTION PREVENTION & RISK AWARENESS

ToolBox Talk >>> Hand & Arm Protection

| `ISEA | TOOLBOX TALK

Using proper hand protection is essential to ensure safety in the workplace.

#### RISKS

**Hand Injuries:** Protecting hands from various hazards such as cuts, punctures, abrasions, and chemical exposures is critical in maintaining a safe and productive environment

#### Caused by:

- Sharp edges, tools, and materials can cause severe cuts
- Pointed objects and needles pose puncture risks
- Rough surfaces can lead to skin abrasions
- Harmful chemicals can penetrate or degrade glove materials, causing burns or skin irritation.
- High temperatures and flames can cause burns and other injuries



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#### COSTS

**Serious Consequences:** Serious hand injuries can lead to long-term disabilities like nerve damage, limited mobility, and even amputation. Hand injuries were the most frequent in DART cases (days away from work, restricted, or transferred) during 2021-2022.

**Cost Delays:** Hand injuries contribute significantly to the overall cost of work injuries, totalling \$167 billion in 2022. Injuries often result in downtime and decreased productivity, leading to further costs.

**Tool Damage:** Improper handling and lack of protection can damage tools and equipment, adding to the expense.

### SOLUTIONS

**Gear Up with the Right Gloves:** Choose gloves that match the hazard: cut resistance, puncture resistance, abrasion resistance, chemical protection, and heat/flame resistance. Ensure gloves fit well and don't hinder dexterity.

**Stay Up to Date:** Regularly train on the importance of hand protection and proper glove selection. Keep up to date with the latest edition of ANSI/ISEA 105: American National Standard for Hand Protection Classification.

**Work Smarter:** Regularly inspect gloves and replace worn-out ones to maintain protection and promote awareness through safety talks and toolbox meetings.

## The 4Ps of Hand & Arm Protection

**Pick:** Choose the right gloves for the job—whether it's cut resistance, chemical protection, or heat resistance, always ensure your gloves match the hazard.

**Put On:** Wear your gloves properly every time. Make sure they fit snugly but comfortably, so they don't interfere with your work.

**Protect:** Inspect gloves regularly for wear and tear. Replace them as needed to maintain optimal protection against hazards.

**Promote:** Encourage others to use hand protection by setting an example and sharing tips on proper glove selection and care.

**DISCUSSION DATE:** 

## Look for the Label

## **ANSI/ISEA 105-2024**

Ensure your hand protection conforms to the American National Standard.
Look for the ANSI/ISEA 105 label.

